







Empowering Caregivers and Kids for a Brighter Future

A PROGRAM OF



FAZFAM - FUN, CREATIVE, CONNECTED

What's FazaFam Pre-K?

A family strengthening program designed for caregivers and kids 2-4yrs.

Dance & Bmore partners with early childhood learning communities to provide family fun days with music, movement, and play that stimulate the imagination and strengthen relationships while building a sense of community and well being.

FazaFam Fun Days are designed to:

- Develop healthy social and emotional interactions and communication
- 2. Learn practical skills for healthy habits at home
- Provide caregivers tools that promote academic success
- 4. Provide families free creative resources for life long learning

Each class is packed with FazaFam music Baltimore families know and love, along with lyrics great for learning and developmentally appropriate games families can play at home.

Director **CJay Philip** created the FazaFam program with the belief that, **meeting the needs of the whole family** is key to fostering positive change and lasting memories that establish a strong foundation for a healthy start. FazaFam fun and learning supports families for the first 4 years and beyond.

FazaFam Baltimore's Family Dance Jam!



Research shows:

Engaging parents as key partners in children's development during the preschool years is particularly important because of the positive impact that parenting practices have on child school readiness, reducing child behavior problems, enhancing child social skills, and promoting academic success. (Pennsylvania State University, 2017)

When families are attentive, warm, cooperative, and use clear communication, children are shown "positive interpersonal behavior" that lays a foundation for an emotionally safe environment (Ackerman, Kashy, Donnellan, 2012).

Parents set a positive example of health for their children and even reduce stress and later life issues in their families (Saunders, 2012).

All the ingredients for a great start...

Language & Literacy

Social Foundations

Fine Arts

Physical Education

Health & Wellness

...and even more to look forward to!

- Bmore Family Theater (Pre-K 5th grade)
- AMP Camp (3rd 8th grade)
- Voices of Carmen (9th 12th grade)
- Broadway Dance and Ballet (18 and up)
- FazaFam Family Jam (Parents with children 5 years and up)
- Forever Fit & Fun (55 years and up)

Book your FazaFam today!

Bring your community together

Our portable program can come to your school, organization, church, club, or gym. Book a 6 to 8 week session – group rates make it more affordable and fun for all!

Sponsor a FazaFam Program

Help strengthen families by sponsoring a FazaFam program where you do business or for your employees and their families. They will thank you for it!



Our Nutrition Partner

Sample nutritious snacks with our partners at Healthy Little Cooks promoting healthy habits at home.



Music

Get your FazaFam CD at iTunes or CD Baby to have your own Family Jam!



Visit each week for healthy tips, videos, and games, we know you'll Like!

Contact us for booking and details danceandbmore@gmail.com
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www.FazaFam.com